

7 DAY TREK ALONG THE INCA TRAIL TO MACHUPICCHU

PROGRAM ITINERARY:

DAY 01: ARRIVE TO CUSCO.

After your arrival in Cusco a representative of Valencia travel Cusco will be waiting at the airport for you and pick you up in our private transport and take you to your hotel where you will spend the night. Then you will have all the day to relax and enjoy the beauty of Cusco and its surroundings.

<http://www.casa-andina.com/classic-cuzco-Plaza/> OR similar standard

Check in time 12:00pm/Check out 10:00am (Early check in has an extra cost but it depends up to the hotel availability).

OPTION 1: HALF DAY CITY TOUR

(Additional Price: USD 30 per person).

We will pick you up at 1:00pm from your hotel to start the tour and visiting the following places.

- The Koricancha: Temple of the sun.
- The Cathedral: Marvel of the religious art.
- Sacsayhuaman: Majestic place with impressive works in stone, some up to 120 tons.
- Q' enco: (Labyrinth) a religious center dedicated to the adoration of the Earth.
- Puca Pucara: (reddish place) that was used as a military control center.
- Tambomachay: (Temple of the Water) a center of adoration and worship of water.

Include:

- Transportation
- Professional English speaking guide.

Not include:

- Tourist ticket (extra PEN 105)
- Dinner
- Gratuity

VALENCIA TRAVEL CUSCO



OPTION 2: FREE WALKING TOUR AT 3:00PM

We will be visiting the places below:

- Main square of Cusco
- Wall of 12 angles stone
- San Pedro market

The tour will be for about 2 hours approx. This tour is optional; you are not forced to do it if you don't want! For this tour we recommend to Tip the guide and the amount you tip is a personal decision and not an obligation.

DAY 02: OPEN DAY AT LEISURE

OPTION 3: FULL DAY SACRED VALLEY TOUR

(Additional Price: USD 45 per person).

After breakfast, we will pick you up from your hotel at 8:00am. This is a full day excursion to the Urubamba Valley visiting the colorful Indian market in Pisac where you will be able to appreciate the mixture of color and tradition and have an opportunity to test your bartering skills, interact with the local craftsmen and purchase their hand-made souvenirs. Pisac is located at the entrance of the Sacred Valley. The Valley is (31km)/ (19mi) from Cusco, and at an altitude of (2,970m)/ (9,700 ft.). Followed by Pisac is Urubamba where we have a delicious buffet lunch a restaurant **(NOT INCLUDED)** then we continue through to Ollantaytambo, the oldest continuously occupied town on the American continent. The narrow streets of Ollantaytambo, along with their canals, have not changed much from the time of the Inca Empire. They evoke their ancestral inheritance and give you a feeling of what it would be like to live during this time. The last visit will be the Chinchero market. Chinchero is believed to be the mythical birthplace of the rainbow. Its major claim to tourism is its colorful Sunday market which is much less tourist-orientated than the market at Pisac. At the end, we will return you to the Plaza de Armas in Cusco at approximately 6:30 pm.

Include:

- Transportation
- Professional English speaking guide.

Not include:

- Tourist ticket (extra PEN 70)
- Meals
- Gratuity

P.S: Tonight we will have the Inca trail briefing at 7:00pm at the hotel lobby.

<http://www.casa-andina.com/classic-cuzco-Plaza/> OR similar standard



DAY 03: THE INCA TRAIL ADVENTURE TO MACHU PICCHU BEGINS

Total distance to be covered: 12km or 7mi. (5 to 6 hours more or less).

We will meet and pick you up from your Hotel (less than 5 minutes from any hotel in Cusco!) at 4:30am (time to be confirmed at the briefing time) and travel by bus to Piskacucho (you will hear this be called kilometer 82) where the trail starts. There will be a breakfast stop in Ollantaytambo (06:30-7am) to load up on energy (breakfast – not included). On arrival at kilometer 82 (08:30am more or less), we will have some time to organize ourselves (use the restrooms, put on sun cream, mosquitoes repellent, etc) and then it is necessary to show your entrance tickets, passports and (if paying a student rate) the student card at the trails 1st control point. To start the trail (2720m/8923ft), we cross the Vilcanota River and follow its route to the right. The first day is relatively easy (a warm-up on the 'Inca flat' terrain) and we will have great views of the site of an Inca Fortress ('Huillca Raccay'), the vast and incredible Inca site 'Llactapata' (officially called 'Patallacta'), the Urubamba mountain range that divides the jungle and the Andes and the beautiful snow-capped peak of 'W'akay Willca' (5860m/19225ft), known in books as Veronica. Our first campsite (Ayapata) will be one hour and a half up the small village of Wayllabamba (3000m/9842ft) in the temperate green valley of the same name. Temperature at night is usually around 5°C (depending on the month).

DAY 04: THE TRAIL TRIAL! WE GO OVER 2 PASSES....

Total distance to be covered: 16km or 9mi. (8 to 9 hours more or less).

After waking up at 5:30am (maybe at 05:00-depending on your Guide) and having breakfast, we will start a steep ascent towards the highest pass (Abra de Warrmihuañusca/'Dead Woman's Pass' – 4200m/13779ft). On this day a real sense of achievement is felt on reaching the top! After a rest here, we begin the descent to the lunch stop which is located at Pacaymayu (3550m/11646ft). On the way up to the pass we will be able to see lots of hummingbirds and other birds. Also we will have the time to appreciate an incredible variety of native plants and trees such as the 'Polylepis' or Q'ueuña trees which grow in the astonishing cloud forest located at 3650/11972m!! After lunch begins the second 2 hours steep climbing to Runkuraqay pass (almost 4000 meters), we arrive in our campsite by 5 pm. Temperature at this campsite around 4°C during the nights.

DAY 05: BACK IN THE PAST! BEAUTIFUL SCENERY!

Total distance to be covered: 10km or 6mi. (5 hours more or less).

This is the most impressive day (in our opinion!!!) so just keep thinking of that on the ascent on day 2! Again we wake up for breakfast at 6am, and start the day with a gentle climb to visit the archaeological site of 'Phuyupatamarca' (meaning 'Town in the Clouds') and to reach the third highest point on the trail (3680m). The views from here of the mountains, canyons and surrounding area are spectacular. The Inca site, 'Phuyupatamarca', is located a few minutes walking from the third pass and after visiting this, we continue walking (3000 steps!) through the cloud forest and the impressive agricultural Inca site of 'Intipata' until we arrive at our third campsite Wiñay Wayna (2680m/8792ft). Today we have only walked about 4 to 5 hours and have arrived to camp by lunch time! A short distance from this campsite is located the Inca site of the same name 'Wiñay Wayna' ('Forever Young').



Even if you are tired after your day's trek, don't miss out on visiting the most impressive site on the trail. Temperature during the night is around 12° C.

DAY 06: MACHU PICCHU IN ITS GLORY!

Total distance to be covered: 5km or 3mi. (2 hours more or less).

We leave the last campsite at about 5:30am on the final day (breakfast 3:30-4:00am). It is an early start in order to get to 'Inti Punku' ('Sun gate') (2730m/8792ft) before sunrise. This is the place from where you will have your first dramatic view of Machu Picchu (2400m/7873ft) with the sun rising over it! After some time there, we will walk down the last part of the trail to the spot where you can take the classic photo (picture postcard shot) of this ancient city. Finally we visit Machu Picchu itself! Walking tour (approximately 2 hours) is given by your guide and after this you can explore the mysterious city by yourselves. You will meet your guide in Aguas Calientes (it can be reached by bus or on foot) for lunch and to be given your train tickets back to Cusco. Train included in all tours is until Ollantaytambo and then bus to Cusco. Your train will leave Aguas Calientes town in the afternoon and you need to be in the train station 30 min before it leaves. (The exactly time will be given you by your tour guide), once in Ollantaytambo town you will have a bus waiting for you to return back to your hotel in Cusco. Allocations or Itinerary are subject to change depending the availability on time of booking.

<http://www.casa-andina.com/classic-cuzco-Plaza/> OR similar standard

DAY 07: TRANSFER OUT, BYE CUSCO!

After breakfast, we will take you back to the airport according your flight itinerary.

END OF SERVICE



INCLUDE

- All pick-ups from the airport to the hotel and vice versa
- All hotel accommodations (Casa Andina Cusco classic *** OR similar standard)
- All breakfast included in the accommodations
- Free walking tour (we recommend to tip the guide as it's free)

4 DAY INCA TRAIL INCLUDES THE BELOW

- Entrance fee to the Inca trail
- Entrance fee to Machupicchu
- Professional bilingual tour guide
- Assistant guide (for groups of 9 people or more)
- Transportation – bus to km 82 and train back (Expedition train to Ollantaytambo)
- Bus ticket from Machu Picchu to Aguas Calientes.
- Collection from Ollantaytambo train station (on day 4th)
- Water (You will only need water for the first morning then we will provide you hot or cold boiled water)
- 3 breakfasts, 3 lunches, 3 afternoon snacks, 3 dinners and various snacks to be eaten throughout the day.
- Dining tent with tables and chairs
- Professional chef
- 4 man tent size for 2 people only
- Foam mattress pad
- **Porters:** They carry cooking and camping equipment (**foam mattress pad and camping tent only**).
- Oxygen bottle
- First aid kit

****EACH HIKER WILL BE RESPONSIBLE TO CARRY THEIR OWN PERSONAL BELONGINGS (SLEEPING BAG OR ANY EXTRA RENTALS) ****

*****VEGETARIAN OPTION AT NO EXTRA COST*****



- **Single supplement fee:** US\$400 (for the solo travelers or the odd numbered in your travel group).
- Sleeping bags
- Inflatable mattress
- Walking sticks
- For the Inca trail – first breakfast and last lunch are not included
- Extra Personal porter
- Gratuity, (tip)
- Meals where not stated
- **Optional tours:** (City tour and sacred valley).

OPTIONAL ITEMS TO TAKE AND CAN BE HIRED FROM US

- Wayna Picchu (65 US\$) *Limited spots available, please request it at least 2 months in advance*
- Sleeping bags (35 US\$)
- Inflatable mattress (25 US\$)
- Pair of walking sticks (20 US\$)
- Rain Poncho (10 US\$)
- Personal porter for belongings (70.00 US\$ up to 7kgs and 140 US\$ up to 14kgs)
- Extra night hotel (US\$ 100)

PACKING LIST

OFICIAL PAPERS

- Valid and Original Passport
- Andean Migration Card (TAM) provided by the Migration Office at your arrival to Perú.
- Travel insurance - You are strongly recommended to take out travel insurance for the duration of your trip.

SLEEPING GEAR

- **Sleeping bag** (You can rent it from us if you don't have one)
- **Inflatable mattress** (You can rent it from us if you don't have one)

VALENCIA TRAVEL CUSCO



- Mid weight fleece or wool sweater
- Fleece pants or tights.
- Mid weight thermal underwear tops and bottom, synthetic or wool.
- Hiking pants.
- Hiking shorts.
- Long-sleeve shirts.
- T-shirts.
- Underwear and casual socks.
- Hiking socks.
- Liner socks, synthetic.
- Swimsuit (In case you add an extra night in Aguas Calientes to visit the hot springs).
- Cap.
- Fleece hat.
- Bandana.
- Fleece gloves.
- Waterproof jacket/rain poncho (Only for Rainy season, November to March).

FOOTWEAR

- Sturdy hiking boots, waterproof, lightweight, broken-in, aggressive tread.
- Camp shoes such as tennis shoes or sandals or other comfortable footwear to use in our campsites.

TRAVEL ACCESSORIES

- Bottle of water or Camelback.
- Flash light or head lamp.
- Watch with alarm or travel clock.
- 2 roll of toilet paper.
- Sunglasses with retainer strap.
- Sun block and lip balm.
- Toiletry kit.
- Small Washcloth.
- Personal first-aid kit.
- Hand sanitizer gel.
- Insect repellent.
- Several Ziploc plastic bags.

EXTRA MONEY FOR

- Drinks.
- Tip or Gratuity to Guide, Cook, and Porters.
- Souvenirs.



*****VERY IMPORTANT AND USEFUL INFORMATION*****

- **If you are bringing cash, please make sure to bring good bills. Bills cannot be torn, worn, ripped because these won't be accepted.**
- If you would like to get some soles you can get good rates once in Peru.
- If you arrive on Sunday, please have Peruvian money before you leave the airport because on Sundays banks are not open.
- Think to bring enough money for any extra expense such as meals, day tours (Sacred valley & City tour) that are not included.
- **Please, provide us your flight information such as Air Company, flight number, arrival time in order to organize your transfer in/out.**
- **If you have any special food restriction (vegetarian option), please let us know in advance.**
- As gratuity is customary but 100% voluntary, we suggest to bring enough money to tip for guides, drivers, transfers, bellboys because they expect something from the visitors.
- American dollars, Peruvian soles are very welcoming to use anywhere as you can use your credit card as well in most of the places.
- **Check in time at most hotels is at 12:00pm.**
- As this trip is based on double occupancy (2 people per room), we will provide twin beds and tents.
- If you changed or still missing to provide us your passport number, please send it to us as soon as you can.

P.S: Paying with credit card, In Peru most of shops usually takes from 5% to 9% for transaction fees. (Valencia Travel Cusco only takes 5%).

PLEASE READ CAREFULLY THE ITINERARY AND GET BACK TO US WITH QUESTIONS.

